



safety solutions

June 2006

& HEALTH

Providing Safety & Health training programs that fit your needs & meet your objectives

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National Safety Month Focuses on Workers' #1 Hazard - Driving

by Eric Tofte, Training & Consulting Manager, Evergreen Safety Council

June is National Safety Month and during this time four safety issues are being featured: Driving, Workplace, Emergency Preparedness and Home. The first two go hand-in-hand. Why is driving and workplace safety important? **More people are killed by a motor vehicle while on the job than any other incident.**

As an employer your policies should be in writing and address things like (We wish to thank the Department of Labor & Industries for the following):

- Avoid requiring workers to drive irregular hours or far beyond their normal working hours.
- Don't allow workers to conduct business on a cell phone while driving.
- Require drivers to report problems or concerns with vehicles immediately.
- Consider adopting a "one driver, one vehicle" strategy. This can instill a sense of responsibility and ownership for the vehicles. Also, the worker who operates the same vehicle develops familiarity with that vehicle and may more easily identify mechanical problems.
- Require employees not to drive if fatigued.

Another area you may want to think about is to apply procedures to prevent motor vehicle accidents, such as:

- Develop work schedules that allow employees to obey speed limits and other applicable regulations.
- Develop delivery schedules that account for periodically taking trucks out of service for scheduled maintenance.
- Provide and maintain vehicle safety devices such as flares, blankets, and radios.
- Conduct the following vehicle safety inspections:
 - Informal inspections on a daily basis.

- Formal inspections on a regular basis.
- Develop a no-fault reporting system. This encourages employees to report a greater number of near-misses, problems and accidents, allowing you to update your safety program to account for those hazards. The following can help you develop a no-fault reporting system:

- Allow employees to confidentially report accidents and near misses to the safety office.
- Don't use the information from the employee's report to the safety office for any investigation or to prepare reports for disciplinary action.
- During an investigation, require investigators to document the information source.
- Thank employees for potentially preventing another near-miss or accident.

No occupation is immune to traffic related death. All businesses need to consider driving training and the programs need to be more than using trinkets and slogans to change driving behavior. Good programs involve enacting a driving program and the administrative rules that go with it. There needs to be enforcement of the program and education of employees about the consequence of noncompliance with the program and traffic laws.

Hopefully we all realize that operating a motor vehicle, whether on the job or not, is a dangerous proposition. Employers can help their employees by establishing policies, enforcing them and providing training in defensive driving that will help their employees both on the job and off. If you need help developing or establishing a safe driving plan, give us a call today and find out how we can customize training to your organizations needs.



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safety solutions

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Disaster Preparedness

With the growing fears of a “bird flu” outbreak, hurricanes, earthquakes, and other potential disasters, it is time for every organization to look at the important issue of business recovery and restoration. This is important since business recovery and restoration, or business resumption, goes right to a facility’s bottom-line: keeping people employed and the business running. The big question is, can your business keep running with up to a fifty percent absentee rate over an extended period of time?

Some of the things you should consider are:

- Determine how you are going to handle the personnel shortages.
- Consider making contractual arrangements with vendors for such post-emergency services as temporary personnel, records preservation and equipment repair.
- Meet with your insurance carriers to discuss your property and business resumption’s policies.
- Determine critical operations and make plans for

bringing those systems back online.

- Remember continuity of management. Ensure that recovery decisions can be made without undue delay.

Businesses should also maintain complete and accurate records at all times to ensure a more efficient emergency response and recovery.

Although a disaster the scope of a pandemic has been rare in the history of the U.S., the potential of a disaster, such as a fire, flood or earthquake, to affect your business is a reality and you should consider when it strikes, not if it strikes. The time to prepare is now, not after the incident. The bottom line is that each organization should establish a Recovery Planning Team to look at what your hazards are and what you can do to minimize the effects of those hazards, especially if they strike as the result of a disaster.

If you need help in your business disaster planning, give Evergreen a call today.

NFIB, L&I and ESC Join Forces to Fight On-the-Job Accidents

Washington’s 15,000 small-business members of the National Federation of Independent Businesses (NFIB) now have a non-threatening way to get advice on how to build and maintain a safe workplace, and the chance to get a break on L&I safety inspections. Participating businesses go through a safety education and self-audit process, and then have their safety program recognized through a consultation and audit from either L&I or Evergreen Safety Council.

Businesses that complete this process do not receive routine, scheduled enforcement inspections from L&I for a 12-month period. L&I will still inspect the site if a serious work-related injury or fatality occurs or if L&I receives a complaint about a safety problem.

NFIB has a similar agreement with the Federal Occupational Safety and Health Administration and with two other states (Arizona and Ohio), but Washington’s is the first that includes a “safe harbor” for participating members from immediate penalties.

“L&I wants to help small-business owners build a safe and productive workplace,” said Steve Cant, Asst. Director for Workplace Safety. “By joining forces with NFIB, we make it easier for small businesses to work safely, and can give them credit for a job well done.”

“As a small-business owner, I believe it is important to always provide a safe environment for

our employees,” said Scottie Marable, owner of Pinnacle Marketing and NFIB/Washington Leadership Council Chairwoman. “This alliance will help educate us and allow us to self-audit. Knowing that we now have time to fix any problems without being penalized right away makes good business sense; I truly appreciate the Department of Labor and Industries’ willingness to join in helping small businesses do the best job we can to prevent and reduce accidents on the job.”

“By (L&I) joining forces with NFIB, we make it easier for small businesses to work safely, and can give them credit for a job well done.”

“The real advantage in getting a small-business owner to participate is the ‘safe harbor’, which I believe is a national first for this kind of alliance,” said Carolyn Logue, NFIB/Washington State Director.

“What participating businesses will have to do is work with us to create a written safety plan, then they will have to conduct a self-audit that identifies specific steps required to bring their companies in compliance with WISHA. After completing their audit, businesses will have to complete their training and worksite changes identified in the audit. At the end of that, they will receive their ‘Certificate of Completion,’ and for a 12-month period if WISHA conducts an inspection and violations are still found, businesses will have their penalties reduced if they make a correction or an abatement of the violation within 30 days. Along the way, small businesses will have access to advice.”

Creating a Safe (and Healthy) Home Environment

Whether we own or rent our homes, our private domains are places where we want to feel safe and protected from the elements. Our home is a refuge where we can relax and feel comfortable. On an average, people spend approximately 90% of their time indoors including homes, offices, schools and cars. According to the U.S. Environmental Protection Agency, the indoor air we breathe is much dirtier than outdoor air. This "dirty" indoor air is often the cause of allergies, asthma, headaches, breathing problems, and over the long term can possibly even lead to cancer.

The following are ways to reduce your exposure to chemicals or other harmful agents within the environment:

- **Ventilation** – the movement of air in and out

of your home. Windows that open in every room are ideal, along with a working exhaust fan in the bathroom and kitchen areas. Ventilation is important to control moisture and keeps the home drier, especially during the winter and rainy seasons.

- **Moisture** – High moisture levels cause mold to grow and increase the population of dust mites. Relative humidity, which is a measure of the amount of water vapor in the air, should be kept between 40-50%. Moisture control and ventilation go hand-in-hand.

- **Dust** – A healthy home is a clean home. Our mild, damp climate makes it easy for mold, dust mites and bacteria to grow if there is dust present. The house dust in most homes contains lead, cadmium, pesticides, carcinogens, dust mites, bacteria and mold that can cause serious health problems. House dust is the main source of lead for small children and infants who crawl on carpets in older homes. Recently remodeled houses can have high levels of lead, cadmium and paint chemicals in the house dust. Bare floors, newer carpets and short pile rugs receive the best ratings for cleanliness.

- **Heating and Insulation** – Maintaining the correct temperature (between 68 and 72 degrees) is essential to a healthy home. Using ceiling or floor fans can help to circulate heated

Continued on page 6

From the Evergreen Motorcycle Safety Training Corner

Our classes involving motorcycles, scooters, sidecars and trikes always include some manner of introduction for the students and the instructors. I am constantly amazed at the wide variety of people who are prepping themselves for taking the road less traveled. Have you ever wondered who it is, or what type of person chooses to ride a motorcycle/trike?

Who are WE?

WE are your neighbors, friends, relatives and acquaintances. WE are doctors, lawyers, students, managers, line workers, business professionals, retired and unemployed. WE are interested in enjoying our roads in ways that being in a car or truck cannot accomplish. WE travel with fewer distractions from cell phones, electronic entertainment, reading materials, doing our hair or make-up, or eating/drinking/or smoking. WE see the road as a different place, one to be enjoyed and a longer journey is as much fun as getting straight to the point, maybe more-so.

WE are on the road a lot more when the weather gets warmer, and we like it when people notice we're there, and give us the same courtesy as every other vehicle out there. WE see much more than a normal driver, because to us, being distracted can hurt. WE THANK YOU for making this a safer place to travel and enjoy, especially now when everyone starts to think about getting outside.



Northwest Insurance Council President Carl Newman being presented their first membership plaque by Tom Odegaard, President, Evergreen Safety Council

MEMBERSHIP CORNER

The Evergreen Board of Directors and staff would like to recognize the returning members listed

New Members

- The Healthy Ergo**
Phoenix, AZ
- Allpak Container Inc**
Renton, WA
- Kenny's Traffic Zone Plans**
Renton, WA
- Northwest Insurance Council**
Seattle, WA

Renewing Members (years of membership)

- Cardinal Health (11)**
Fife, WA
- Grays Harbor PDA (7)**
Elma, WA
- Litehouse Incorporated (8)**
Sandpoint, ID
- Skagit County (5)**
Mt Vernon, WA
- Quigg Brothers Incorporated (8)**
Aberdeen, WA
- TrojanLitho (5)**
Renton, WA
- Pavement Surface Control (8)**
Kennewick, WA
- SAFECO Insurance (37)**
Seattle, WA
- Richard Bangert (16)**
Seattle, WA
- Motley-Motley Incorporated (3)**
Pullman, WA
- East Columbia Basin Irrigation District (3)**
Othello, WA
- Alaska National Insurance Company (3)**
Seattle, WA
- McCandlish Electric Incorporated (4)**
Wenatchee, WA
- City of Sequim (2)**
Sequim, WA

Member & Client Safety Luncheon



- Date:** Friday, May 12th
- Time:** 11:45am (sign-in) - 1:30pm
- Location:** Lacey Community Center, 6729 Pacific Ave. SE, Banquet Room A
- Cost:** \$15 for members, \$20 for non-members

Guest speaker: Lt. Julie Myer, WA State Patrol "Targeting Aggressive Cars & Trucks"

SEATTLE SCHEDULE

SPT114AB – see 1

Thurs, June 8, 2006

ITFA003 – see 3

Mon-Wed, June 12-14, 2006

ITFG004 – see 4

Mon-Tues, June 19-20, 2006

SPT115AB – see 2

Thurs, June 22, 2006

Class Location:

Evergreen Safety Council
401 Pontius Ave. N. Seattle, WA



FORKLIFT SCHEDULE

ITFLO01 – see 5

Mon-Tues, June 19-20, 2006

FLOTO01 – see 6

Thurs, June 21, 2006

Class/Equipment Training Location:

Northwest Handling Systems, Inc.
1100 SW 7th Street, Renton, WA

**Summer is just
around the corner...**



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break in the clouds**

**Register for a Motorcycle Rider
Safety Course today!**

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classes now available.

Register online at www.esc.org
or call (206) 382-4090 for information

1 SPT114AB Fire Safety/Emergency Planning/Facility and Office Safety

Fire Safety Upon completion, participants will be able to review an facility's fire protection and evacuation program using a prepared fire safety checklist. **Emergency Planning** covers the types of emergencies that typically affect the workplace with checklists and guidelines for preparing and responding to these situations, action plan considerations, and finding and arranging outside assistance.

Facility/Office addresses the most frequent workplace accidents and injuries and presents information about making work areas safer and functional. Session emphasis is on understanding the risk and injury rate in both industrial and office environments.

Instructor: George Larson

2 SPT115AB Transportation Safety Program

Transportation presents the fundamentals of creating and supervising a safe driving program. Motor vehicle crashes are the primary cause of work accidents. Discussing motor vehicle accident causes and solutions are important safety program components, even for organizations without fleet vehicles. Participants will examine essential elements of a traffic safety program and review mandatory traffic programs such as Flagger and Traffic Control Supervisor.

Instructor: Dan Donovan

**All Safety & Health Specialist (SPT)
course fees: \$180.00 members, \$210.00
non-members.**

3 ITFA003 First Aid Instructor Certification

This three-day training session qualifies candidates as certified American Safety & Health Institute's First Aid and CPR Training Course instructors. Instruction includes the reasons and dynamics behind each topic or visual presentation and an orientation to instructor materials for presenting the class. Training includes a practical teaching exercise.

Course fees:

- \$650 member, \$695 non-member. Includes instructor teaching kit.

For companies that currently have an ASHI certified instructor with a teaching kit:

- \$345 member, \$395 non-member. Includes instructor's resource manual.

Instructor: Shawn Ritchey

4 ITFG004 Flagger Instructor Certification

The certified instructor is equipped with an annotated instructor's manual, a booklet on instructor techniques, a flagger certification handbook, video tape introduction, overhead transparencies and other training aids to conduct new or recertification training and issue the Washington State Certified Flagger card. Candidates must meet requirements to qualify for instructor certification. Call for details.

Course Fee: \$415.00 members, \$455.00 non-members.

Instructor: Nick Kirchoff

First Aid Options

Basic First Aid / CPR Classes
Held at the ESC Training Center
in Seattle

First Aid / CPR Open Enrollment

May 12, 2006
8:00 am – 4:00 PM

September 25 & 26, 2006
6:00 - 9:30 pm (both evenings)

November 10, 2006
8:00 am – 4:00 PM

1-day Basic class: \$45.00
2-day Split class: \$45.00 or \$25 per night

Recreational/Wilderness First Aid

Hands-on training with real outdoor scenarios.

May 20-21 in North Bend
June 3-4 in Stanwood

The program is designed to meet the needs of beginner or intermediate level recreation enthusiasts such as hikers and skiers, Boy and Girl Scout leaders/volunteers, Camp Counselors and anyone who loves to be on an outdoor adventure.

Prerequisite: Current CPR certification (any program)

Cost: \$96 for the class + \$20 optional textbook

**To register call (800) 521-0778 or
go online at www.esc.org**

Unless otherwise noted, all courses include instruction, related materials, continental breakfast and lunch. Sign in 7:30 a.m. Program 8:00 a.m. – 4:30 p.m.

5 ITFL001 Forklift Instructor Certification

This 2-day course prepares you to conduct safety training for forklift operators. You will learn regulations and safety standards for forklifts, pre-shift inspections and instructional techniques in both hands-on and classroom sessions. Course documentation and practical testing to ensure performance will be covered. This course meets or exceeds all OSHA training requirements as referenced in 29 CFR 1910-178. Participants must have prior experience in forklift operation to qualify.

Course Fee:

- \$1400 and includes instructor teaching kit.
- For companies that currently have a BLLC certified instructor with a teaching kit:
 - \$600 for each additional instructor.
- Includes instructor's manual.

Program 7:00 a.m. – 2:00 p.m.

Instructor: Bottom Line Loss Control, Inc.

6 FLOT001 Forklift Operator Training

Any person who operates a powered industrial truck must have documentation of training and evaluation and be of at least 18 years of age. Even experienced operators are required to successfully pass the training and evaluation by a qualified person. Under OSHA regulations, operators must receive training that includes formal instruction, practical training, and evaluation of the operator's performance. This course exceeds OSHA and WISHA requirements.

During this one day training session an operator can receive certification on sit-down (counter balance), stand-up (narrow aisle), order picker, tugger or any style electric pallet jack.

Program start time: 7:00 a.m.

Course fee: \$75 for classroom plus

- experienced students: \$25 for each type of machine certified on.
- new operators: \$100 for each type of machine certified on.

Instructor: Bottom Line Loss Control Inc.

SAFETY GALLERY



April's Safety & Health Specialist graduates!
Steve Lyons, Puget Sound WCT received certificate #0458 and Tamalyn Nigretto, Seattle Fire Department received certificate #0459 and Fire Services certificate #0018.



Congratulations to the newest EverSafe Driving Instructors who graduated on April 10-11, 2006. Left to Right: David Johnson, WA Dept. of Natural Resources, Curtis LaChance, Major Electric, Eric Tofte, Instructor, Katie Small, Chelan County.

Half Century of Highway Safety

June 29, 2006 marks the 50th anniversary of the Dwight D. Eisenhower National System of Interstate and Defense Highways. That was the day when President Eisenhower signed the Federal-Aid Highway Act of 1956.

Here are a few interesting facts about the Interstate System:

- At 3,020.54 miles, the stretch of I-90 between Boston, MA and Seattle, WA is the longest route in the entire Interstate system and passes through 13 states.
- The features that make Interstates so safe

include: a separation from other roads, a minimum of four lanes, gentler curves and often paved shoulders, median barriers and rumble strips to warn drivers if they are leaving the roadway.

- The Interstate System is the safest road system in the country, with a fatality rate of 0.8 compared with 1.46 for all roads in 2004. Relative safety is measured by the "fatality rate" (fatalities per 100 million miles traveled, a measure used so data can be compared as traffic volumes change).

– *Federal Highway Administration*

Safety and Health Bachelor of Science Program
Interns Available

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www.cwu.edu/career

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Safety & Health Classes

Attend a class that interests you or participate in the complete series.

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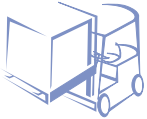
- May 22 - SPT104AB Security Programs/Workplace Violence
- May 23 - SPT114AB Fire Safety & Emergency Planning/Office Safety
- May 24 - SPT115X Transportation Safety

Each of these classes count toward the Safety and Health Specialist Certification.

**Call 1-800-521-0778
or visit www.esc.org**

Forklift Corner

Provided by Bottom Line Loss Control



New Forklift Battery Chargers

In normal forklift battery charging systems you replace the battery with a charged battery at about 80% depletion, (or if you have no extra battery then you charge the battery once it is 80% depleted.) With the Quick-Charge systems you charge the battery at every break and lunch to keep a charge on the battery.

If you only use your forklift on one shift, the quick-charge system works well. If you have two shifts using the forklift, it can be a challenge to keep enough power to meet the needs. Three shift usage of the forklift will be difficult to accomplish with the system, but is not impossible to do.

The advantages of the new Quick-Charge systems are that you only need one battery per forklift, and you don't need all the battery handling equipment that you previously used. Not changing out batteries reduces the risk of dropping a battery, having explosions and damaging battery electrical cables and caps.

The disadvantages to the new Quick-Charge systems are that the batteries run hotter which increases water usage, the batteries have two connector plugs instead of one, and one Quick-Charging station is about \$14,000.

If you decide to look into the Quick-Charge stations, contact a dealer who can perform a charge/time study to see if these chargers fit your type of operation.

Safe Home Environment

Continued from page 3

air throughout your home. Electric baseboard heat is clean, but has a limited ability to evenly distribute the heat. This also saves energy and controls moisture. Woodstove, pellet stoves and gas stoves are all sources of heat that are forms of combustion, with gas stoves being the cleanest. All these heat sources emit fumes and smoke into the house. These heating sources should be well maintained, operating properly and vented directly to the outside. Carbon monoxide (CO), an odorless and colorless gas, is produced from any form of combustion and can be fatal. Wood smoke that goes up the chimney can also re-enter the house, and is no different from cigarette smoke in its health effects.

First Aid/CPR Instructor Patrick Cechini Saves a Life

By Charles Dorris, Director of Security & Safety, Hilton Portland & Executive Tower

On the night of March 31, 2006 at approx. 9:30 pm, security received a medical emergency for the Grand Ballroom. Patrick Cechini and Security Officer Kevin Bonner responded to the Ballroom. When they arrived the Banquet Captain Mike Stachow informed Patrick that an event attendee had collapsed on stage.

Patrick observed an unconscious male lying unconscious on the stage. Patrick had the hotel operator dispatch 9-1-1. Patrick directed the security team to take position for the arrival of Emergency Medical Services (EMS).

Patrick checked for responsiveness and to

see if he was breathing. He was non-responsive and not breathing. At this time Patrick began to perform CPR. After 2 cycles of CPR, EMTs arrived on scene. Patrick continued to perform CPR until relieved by the EMTs. The EMTs relieved Patrick, applied the Automated External Defibrillator (AED) and evaluated the patient's condition. He did not respond. The EMTs shocked the patient once more and he regained consciousness, his condition was listed as stable and he was transported to the hospital.

Thanks to Patrick's heroic efforts, this hotel guest will live to see another day.

Regulatory News & Updates



WASHINGTON

Although this is not an actual update, we feel it is important for anyone who may be **stopping traffic for a few minutes** while trucks or other vehicle enter or exit a construction site to know that the employees who are stopping the traffic are now flaggers. This came from discussions we had with the Department of Labor & Industries. If you are directing traffic for even a few minutes (or even seconds) you must fully comply with the flagger code and have the appropriate set up and signage.

Another issue that is appearing is whether or not a **24-inch paddle** is required when flagging. The basic answer is no, you can still use an 18-inch paddle for flagging, unless you are working a Washington State Department of Transportation job. It is DOT who requires a 24-inch paddle on their jobs, not L&I.

The **fall protection code** is in the process of being re-written and reorganized for clarity and ease of use for employers and employees. This rulemaking is part of L&I's clear rule writing initiative to rewrite all the safety and health rules for clarity and ease of use. The changes will be adopted 1/16/2007 and will be effective on 6/1/2007. L&I will be moving most of the current fall protection rules into one code, which should be WAC 296-871.

The **Excavating and Trenching rules** are being reviewed, updated and rewritten for clarity, ease of use and understanding. This is an ongoing effort to combine the construction requirements from chapter 296-155 WAC with

the general industry requirements from chapter 296-24 WAC that L&I has been working with the construction advisory committee and the industry on for the last couple of years. The changes will be adopted 8/22/2006 and will be effective on 12/1/2006.

L&I is proposing to rewrite the **Abrasive Blasting rules** for clarity and ease of use. The abrasive blasting requirements currently located in chapter 296-24 WAC will be repealed and the rules will be placed in new chapter 296-818 WAC. References to Abrasive Blasting will also be updated throughout the safety and health rules. The changes will be adopted 5/22/2006 and will be effective on 9/1/2006.

OREGON

Oregon OSHA has released a revised program directive dealing with **emergency showers and eyewashes**. This directive was revised on April 6, 2006. The purpose is to provide guidelines for determining when an eyewash and/or safety shower is required, and assessing the adequacy of such facilities. The entire text of this directive can be viewed at www.orosha.org/pdf/pds/pd-063.pdf

Oregon OSHA has proposed to repeal OAR 437-004-1040, the current **respiratory standard** in Division 4/1, Agriculture/Protective Equipment, and adopt OAR 437-004-1041, a new respiratory protection standard. The summary of the changes can be viewed at www.orosha.org/pdf/notices/proposed2006/propdiv4i_03-17-2006.pdf

Joel Amos

WSDOT Safety and Health Administrator

Why are people drawn to the safety profession? If you're like Joel Amos, the new WSDOT Safety and Health Administrator, it is because you feel that somehow, somewhere, you are instrumental in preventing an individual from experiencing tragedy. This feeling makes all the long office hours and hard work on the job site more than worthwhile. It provides hope, inspiration and motivation to get up every day and do the job that you were trained for as a safety professional.

Mid-way through Joel's career, while working as the Corporate Safety Manager for Potomac Electric Power Company (PEPCO), he experienced an unbelievably sad event. He was asked to investigate an electrocution fatality that occurred during power restoration after a sudden summer squall in Washington, D.C. The victim was a grandmother, who was the only family breadwinner supporting a daughter who also had a young child. The strong desire to prevent such needless accidents, grief and fatalities is a bond that binds all people in the field of safety.

Joel's safety philosophy revolves around the concept that "line management owns safety." The safety program becomes an organizational function for which line management has control. As Joel further states, "The mainstream notion that safety managers, otherwise the safety function, are in charge of safety cannot work in the traditional line and staff relationship. The senior or executive management must first embrace safety and communicate it clearly so as to instill the culture that should then permeate the whole organizational being. Once the culture is clearly communicated and accepted, the organization needs to establish systems that will enable and sustain the safety program in a manner consistent with the culture."

It is at this time, Joel explains, that the various elements of management, resourcing, accountability and measures come into play. In order for an organization to reach its safety goals, there must be an "alignment" and an "evolutionary realization" - safety professionals can provide the program; line management must put the program into action and make it a reality.

At WSDOT, Joel notes, "our primary concern is public safety and worker safety. Safety for those who use and work in our transportation facilities is one of WSDOT's

management principles. We believe in the philosophy that every work injury, illness or accident is preventable and we are committed to working toward and sustaining zero injury, illness and accident performance through continuous improvement."

Another daily challenge for WSDOT is work zone safety. Per Joel, "our employees are exposed to road hazards and we have instituted a Work Zone Safety Task Force to ensure the safety of our workers in that environment to the extent possible."

Prior to becoming WSDOT's Safety and

**PEOPLE
IN
SAFETY**



*Joel Amos, WSDOT
Safety and Health Administrator*

Health Administrator, Joel was the WISHA Program Manager for Training and Development at Labor and Industries. He was responsible for developing training strategies and managing training programs for safety and health inspectors and consultants. He was a key player in meeting OSHA-mandated strategic plan goals, in addition to his involvement with WISHA's Prevention Initiative.

Following his corporate safety career at PEPCO and prior to his position at WISHA, Joel was the Program Manager of Enforcement, Consultation and Training at MOSH (Maryland Occupational Safety and Health) in Baltimore. There he worked with the Maryland Workers' Compensation system to obtain data and to process informed enforcement targeting, in addition to establishing and conducting the first Safety Management Workshops for

Maryland Small Business. He was also the University Safety Director for Georgetown University for two years, before working for the Potomac Electric Power Company. In California, in the late eighties, he held the position of Occupational Safety and Health Administrator for the East Bay Municipal Utility District in Oakland after working as the Contra Costa County Safety and Health Specialist. This experience gave Joel a firm background in how cities and counties function, while examining their safety needs.

When asked how he would advise someone considering a career in safety and health, Joel states, "Most of us who are in this profession care about people and their well-being. Having this value will go a long way in sustaining someone who is considering a safety career. The demands of the discipline cross many boundaries in knowledge and experience. The safety professional must prepare accordingly to be successful. The learning strategy should be from the general to the specific chosen area of practice. Field experience is just as important as formal education and training. This is not an easy job, but a very satisfying one."

**TRAFFIC CONTROL
SUPERVISOR
CERTIFICATION**

Washington Classes

- TCS Certification -
Seattle - June 5-7, 2006
- Seattle - September 18-20, 2006

- TCS Recertification -
Seattle - September 13, 2006

Oregon Classes

- TCS Certification -
Springfield - May 9-11, 2006
- Portland - June 19-21, 2006
- Salem - September 19-21, 2006

- TCS Recertification -
Springfield - May 8, 2006

**Call 1-800-521-0778
or visit www.esc.org**

Registration Form

Class Title _____
 Class Date _____
 Name of Participant(s) Please print or type
 1. _____
 2. _____
 3. _____
 4. _____
 Organization _____
 Contact Name _____
 Mailing Address _____
 City _____ State _____ Zip _____
 Telephone number _____
 Check enclosed yes no
 Purchase order # _____ Member Non-Member
Credit Card Information:
 Card Number _____
 Expiration Date _____ V-Code* _____
 Cardholder name _____

* Visa/Mastercard: The "V-Code" is on the back of your card in the white signature strip. It is a 3-digit extension. It is usually following the last 4 digits of your credit card. However, it can be on its own.
 * American Express: The "V-Code" is a 4-digit number on the front of the card, located on the right above the card number.
 * Discover: No "V-Code" is being required at this time.

Registration/Payment/Cancellation & Rescheduling Policy

- Registration:** Registration requests may be by mail, fax or e-mail.
- Payment: Payment must be received in our office before registration is confirmed.** Payment may be by credit card, purchase order, money order or check. Once payment is received, a confirmation letter will be sent.
- Cancellation/Rescheduling: All Cancellations and Rescheduling must be by letter, fax or e-mail, (phone calls are not sufficient notification).** You will be notified when your cancellation has been received. **More than six (6) business days notice:** a \$25 administration fee will be applied toward all cancellation refunds. A \$25 administration fee in addition to the class fee will be charged for rescheduling a class. **Less than six (6) business days notice:** No refund or credit will be issued for cancellations, rescheduling or "no-shows".

It is your responsibility to follow up with us to verify we have received all your paperwork, provided you do not hear from us.

Please initial: _____

Mail or fax to :

Evergreen Safety Council
 401 Pontius Avenue N.
 Seattle, WA 98109
 (206)382-4090 or
 (800)521-0778
 Fax (206)382-0878
 E-mail: esc@esc.org

Online student registration is now available for many of ESC's safety training classes. From our website www.esc.org, click **Menu**, select a program, and then click on the **Register Online** link from the right-hand sidebar.

**Evergreen Safety Council
 Calendar of Events**

- May 11 *SPT112X Introduction to Industrial Hygiene – Seattle, WA
- May 12 First Aid / CPR (open enrollment) – Seattle, WA
- May 16 Flagger Instructor Recertification – Seattle, WA
- May 17 HST 207-1 Industrial Hygiene – Seattle, WA
- May 18 Managing Your Workers on the Road (BCC) – Bellevue, WA**
- May 18 Lockout/Tagout Seminar – East Wenatchee, WA**
- May 20-21 Outdoor/Recreational First Aid – North Bend, WA**
- May 22 *SPT104AB Security Programs/Workplace Violence – Moses Lake, WA
- May 22-23 Forklift Instructor Certification (ITFL001) – Renton, WA
- May 23 *SPT114AB Emergency Planning/Fire & Office Safety – Moses Lake, WA
- May 23 Lockout/Tagout Seminar – Seattle, WA**
- May 24 *SPT115AB Transportation Safety – Moses Lake, WA
- May 24 Forklift Operator Certification (OTFL002) – Renton, WA
- May 24 HST 207-2 Industrial Hygiene – Seattle, WA
- May 25 *SPT113X Understanding Ind. Ins/Workers' Comp – Seattle, WA
- May 31 HST 207-3 Industrial Hygiene – Seattle, WA
- June 2 First Aid/CPR Instructor Update – Seattle, WA
- June 3 SWERVE Driver Training "Reality Check" (2 sessions) – Kent, WA**
- June 3-4 Outdoor/Recreational First Aid – Stanwood, WA**
- June 5-7 Traffic Control Supervisor Certification/WSDOT – Seattle, WA
- June 8 *SPT114AB Emergency Planning/Fire & Office Safety – Seattle, WA
- June 12-14 First Aid/CPR Instructor Certification (ITFA0-03) – Seattle, WA
- June 19-20 Flagger Instructor Certification (ITFG004) – Seattle, WA
- June 19-20 Forklift Instructor Certification (ITFL001) – Renton, WA
- June 19-21 Traffic Control Supervisor Certification/ODOT – Portland, OR
- June 21 Forklift Operator Certification (OTFL002) – Renton, WA
- June 22 *SPT115AB Transportation Safety – Seattle, WA
- July 6 *SPT101AB Fed/State OSHA/Accident Prev. – Seattle, WA
- July 14 Flagger Certification (open enrollment) – Seattle, WA
- July 17-18 EverSafe Driving Instructor Cert. (ITESD09) – Seattle, WA
- July 17-18 Forklift Instructor Certification (ITFL001) – Seattle, WA
- July 19 Forklift Operator Certification (OTFL002) – Seattle, WA
- July 20 *SPT102AB JSA/JIT – Seattle, WA

*Count toward Safety and Health Specialist Certification

Reality Check
 – A behind-the-wheel driver training



Offered by ESC and SWERVE Driver Training

In just 4 hours you will receive a skill set that will increase your ability to avoid collisions. When you consider the cost of your deductible and impact on your insurance rates, the benefit of this training becomes apparent.

Course Fee: \$199.00
 Date: June 3, 2006
 Times: 8am to 12pm or 1pm to 5pm

For more information and sign-up visit www.esc.org or contact ESC at 800-521-0778