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Safety Solutions

June is National Safety Month — Themed “No 1 Gets Hurt”

By Eric Tofte, Director of Training ESC

Observed annually in June, National Safety Month focuses on reducing leading causes of injury and death at work, on the road, and in our homes and communities. This year the theme is “No 1 Gets Hurt” and the month is broken into four focus weeks, each designated for a particular safety issue: week one focuses on emergency preparedness; week two has the focus of wellness; week three emphasizes fall prevention, and week four concentrates on driving safety.

Like the prompt to check your smoke alarms when Daylight Savings hits, we here at ESC see National Safety Month as a great reminder to look at your safety programs to see if they need updating, revising, or compliance checks. It is also a great time to begin building and implementing a safety program if you need one.

Did You Know? ...There are Federal and State legal requirements to have an Accident Prevention Program

Having a good safety manual is at the core of your safety program. It provides the guidelines and direction for your entire safety program, as well as outlining the roles and responsibilities of employees and management in your safety program. To maintain efficacy it requires periodic review.

Another often recommended review process is to get a third party audit of your safety programs and procedures. Safety audits conducted by knowledgeable, experienced professionals will assist in reducing personnel risk and insure compliance with applicable standards and regulations. They will also help you avoid “insider blind-spots” with their neutral assessment and objective positioning. You will also benefit from their wide experience in multiple environments as they are able to share best practices that can strengthen individual programs, validate existing programs, and provide recommendations for growth or change when deemed necessary.

A well prepared and well executed safety audit can make a substantial difference in the prevention of accidents and injuries. Thoroughly completed audits with proper follow through are viewed favorably by regulatory agencies and can strengthen your company’s accident prevention plan.

Evergreen Safety Council offers customized, onsite safety inspections and audits to help you figure out if your safety program is effective in practice. Our highly trained safety consultant/trainers can perform an inspection or audit at your facility and then give you a detailed report of what was found and recommendations on improvement. (See next page).

Need help getting the whole team up-to-date? Evergreen Safety Council also offers a wide range of training classes and services that can be tailored to address your organization’s needs based on your consultation.

The four areas that this year’s National Safety Month covers are some of the most hazardous issues faced by employees. Driving is the number one killer on the job. Wellness, falls and emergency preparedness are other important areas to consider and review in your safety program and APP.

The Safety Awareness Issue

Featuring

National Safety Month

Construction Safety Week

Work Zone Awareness Week





DID YOU KNOW?

One in five worker deaths in private industry in 2016 were in construction. Most are caused by types of accidents—they call them the Fatal Four. The Fatal Four are falls, followed by struck by object, electrocution, and caught-in/between. **Eliminating the Fatal Four would save 631 workers' lives in America every year.**

Safety Consulting that fits your needs.

Concerned your company may not be up-to-date on state regulations?

If Staying Current with Safety Rules and Regulations Feels Like Trying to Hit a Moving Target—We Can Help.

Evergreen Safety Council experts can perform an inspection or audit at your facility and then give you a report of what was found and how we can help you bring it up-to-date.

Some of these services include:

- Full Industrial Safety & Health Consultation
- Safety Audits and Inspections
- Assist with OSHA/L&I Citation Abatement
- Develop Written Safety Programs
- Conduct Respirator/Fit Testing
- Conduct Ergonomic Assessments
- Perform Accident Investigations and Reviews
- Serve as Safety Advisor for Projects

Our Total Safety Compliance audit will help you meet and exceed federal and state OSHA regulations. Our goal is to ensure you not only comply with OSHA, WISHA, OROSHA, and AKOSHA regulations as needed, but truly provide a safe and healthy workplace.

"...a great proactive approach to identifying potential non compliant and safety concerns".

– Brion K. Beaver

You define services and timelines before the work begins. Schedule a consultation today or find out more:

(800) 521-0778 | www.esc.org

2018 Construction Safety Week

Monday, May 7th to Friday, May 11th

The Power of Safe Choices

or email clarey@esc.org

This year's Safety Week focuses on The Power of Safe Choices—both small and large—and the impact those choices can have on the industry, community, and each other.



The Mission of Safety Week is to collectively raise the awareness of the construction industry's continuing commitment to eliminating worker injury, and to clearly communicate its dedication to a shared culture of care and concern and the belief that every week must be Safety Week.

Feeling that "weaving safety through everything we do unites us across the industry behind a common imperative," they ask you to join them and celebrate safety where you work by dedicating the week to refocus and re-energize your commitment to safety and reducing jobsite injuries.

Looking for specific activities you can do with your teams? Safety Week 2018 is a great opportunity to remind your teams about all aspects of jobsite safety. You can download a **Safety Week Event Guide & Toolbox Talks** for ideas and activities to share with your team at www.constructionsafetyweek.com.

You could also take advantage of ESC's FREE Training on Vehicle/Equipment Movement Planning & Safety, Traffic Control Inside the Construction Site! (See below)

Safety Week is a great time to make an annual commitment and safety pledge. Step up your commitment even more by getting a third party consultation of your Safety Program.



VEHICLE/EQUIPMENT MOVEMENT PLANNING & SAFETY

Traffic Control Inside the Construction Site

Training for Employees

Construction zones with big equipment are high risk areas for on-the-job worker injuries. Greatly reduce risk in the work zone with a better understanding of the Internal Traffic Control Plan (ITCP) with this targeted 2-hour training.

See Schedule, Locations and Register online at www.esc.org/FREE

Available as On-Site Training – Your Place or Ours, on Your Schedule. Find out more about on on-sites today, Call ESC Toll Free 800-521-0778

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SAFETY STATISTICS

In 2014, the 669 fatalities in work zone crashes equated to 1.8 work zone fatalities per day. On average **41% of those are rear-end collisions** (compared to 16% of all fatal crashes). The good news is that between 2007 and 2014, **fatal work zone crashes have decreased by 19%**.



Whose Responsibility Is It? National Work Zone Awareness Week

By Eric Tofte, Director of Training ESC

Did you know...? Evergreen Safety Council offers several work zone safety training programs.

A work zone is an area of a roadway or highway with construction, maintenance, or utility work activities. Most states require workers in these zones, be it the flaggers or traffic control supervisors, to be trained and many require them to be certified.

Whether you're looking for basic certification, or certification for instructors or supervisors, we have something for everyone. Custom onsite training is also available for many of our course options.

As a leader in work zone training we strongly support the annual **National Work Zone Awareness Week**.

Scheduled for April 9-13, this year's theme is **Work Zone Safety: Everybody's Responsibility**.

SPRING AND SUMMER ARE THE BUSY ROADWAY WORK ZONES SEASONS.

If you are working in a work zone, here are a few of the things you should keep in mind:

- Be sure to wear Hi-viz apparel (at least ANSI class 2 retro reflective).
- Workers must be trained in how to work near traffic.
- Keep Positive Separation of Traffic and Work Activities.
- Temporary lighting should be used in night work zones, in accordance with the federal Manual on Uniform Traffic Control Devices (MUTCD).
- Routes should be identified and marked to allow workers and work vehicles to safely enter and exit the work space.

As a driver through a work zone you should:

- Slow down, pay attention, and stay calm.
- Eliminate distractions and dedicate your full attention to the roadway.
- Expect the Unexpected—workers, work vehicles, or other vehicles may enter your lane or stop without warning.
- Merge as soon as possible.
- Be aware that traffic patterns can change daily.
- DO NOT Tailgate.
- Follow Instructions from Flaggers.
- Be Patient.
- Expect delays, plan for them and leave early to reach your destination on time.
- Observe the posted signs until you see the one that says "END ROAD WORK".



Facts from the Federal highway Administration

- During the past 5 years in work zone crashes more than:
 - 4,400 persons died (85 percent of which was the driver or passenger) and
 - 200,000 persons were injured.
- Drivers are the most frequent fatality in work zone crashes.
- Most work zone fatalities involve working-age adults.
- Rear-end crashes (running into the rear of a slowing or stopping vehicle) are the most common type of work zone crash.
- Fatal work zone crashes occur most often in summer and fall.
- The majority of fatal work zone crashes occurred on roads with speed limits greater than 50 mph.
- Stopping distance for motor vehicles at 50 mph:
 - Dry roadway~300 ft
 - Wet roadway~400 ft
 - Icy pavement~1250 ft
- A loaded 80,000 lb. tractor-trailer requires almost 50% more stopping distance.
- It takes only an extra 25 seconds to cover 1 mile at 45 mph compared to 65 mph.

**2018 WORK ZONE SAFETY:
EVERYBODY'S RESPONSIBILITY**

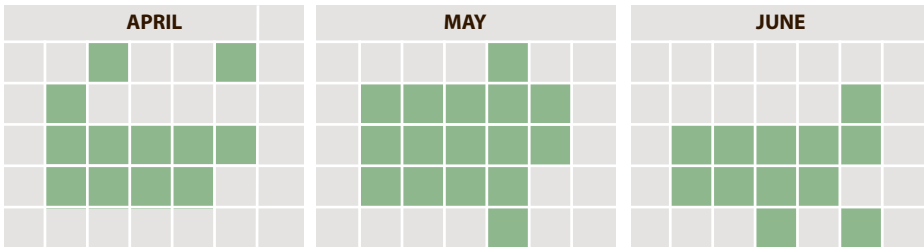


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To REGISTER
1-800-521-0778
or www.esc.org

Calendar of Events

April

- 3 Compliance vs Best Practices Kirkland WA
6 Flagger Certification Kirkland WA
9 P/EVO Instructor Certification Kirkland WA
16 - 18 Traffic Control Supervisor Cert Chehalis WA
17 Workplace Security & Safety Kirkland WA
19 Traffic Control Supervisor Recert Chehalis WA
20 Flagger Certification Kirkland WA
23 - 25 Traffic Control Supervisor Certification Portland OR
25 Forklift Operator Renton WA
26 Forklift Instructor Renton WA

May

- 3 Transportation Safety Kirkland WA
7 - 9 First Aid/CPR Instructor Kirkland WA
10 Traffic Control Supervisor Recertification Kirkland WA
11 First Aid/CPR Kirkland WA
14 - 16 Traffic Control Supervisor Cert Kirkland WA
17 Environmental Safety Kirkland WA
18 Flagger Certification Kirkland WA
21 - 23 Traffic Control Supervisor Cert Salem OR
22 - 23 Root Cause Analysis: Level 1 Facilitator
23 Forklift Operator Renton WA
24 Root Cause Analysis: Level 2 Master Facilitator
24 Forklift Instructor Renton WA
24 Traffic Control Supervisor Recertification Salem OR
31 Lockout/Tagout & Machine Guarding Kirkland WA

June

- 8 P/EVO Operator Kirkland WA
11 - 13 Flagger Instructor Certification Kirkland WA
11 - 13 Traffic Control Supervisor Cert Portland OR
14 Fall Protection/Lifting Equipment Safety Kirkland WA
14 Traffic Control Supervisor Recertification Portland OR
15 Flagger Certification Kirkland WA
15 Flagger Instructor Recertification Kirkland WA
18 - 20 Safe Supervisor Kirkland WA
18 - 20 Traffic Control Supervisor Cert WA Kirkland WA
20 Forklift Operator Renton WA
21 Forklift Instructor Renton WA
27 Confined Space /Excavation Kirkland WA
29 Flagger Certification Kirkland WA

Vehicle/Equipment Movement Planning & Safety
Traffic Control Inside the Construction Site
Apr 13 - Bend OR
Apr 19 - Port Angeles WA
May 7 - Hillsboro OR
May 8 - Vancouver WA
Jun 22 - Kirkland WA
SEE INSIDE FOR DETAILS!
FREE TRAINING OPPORTUNITY